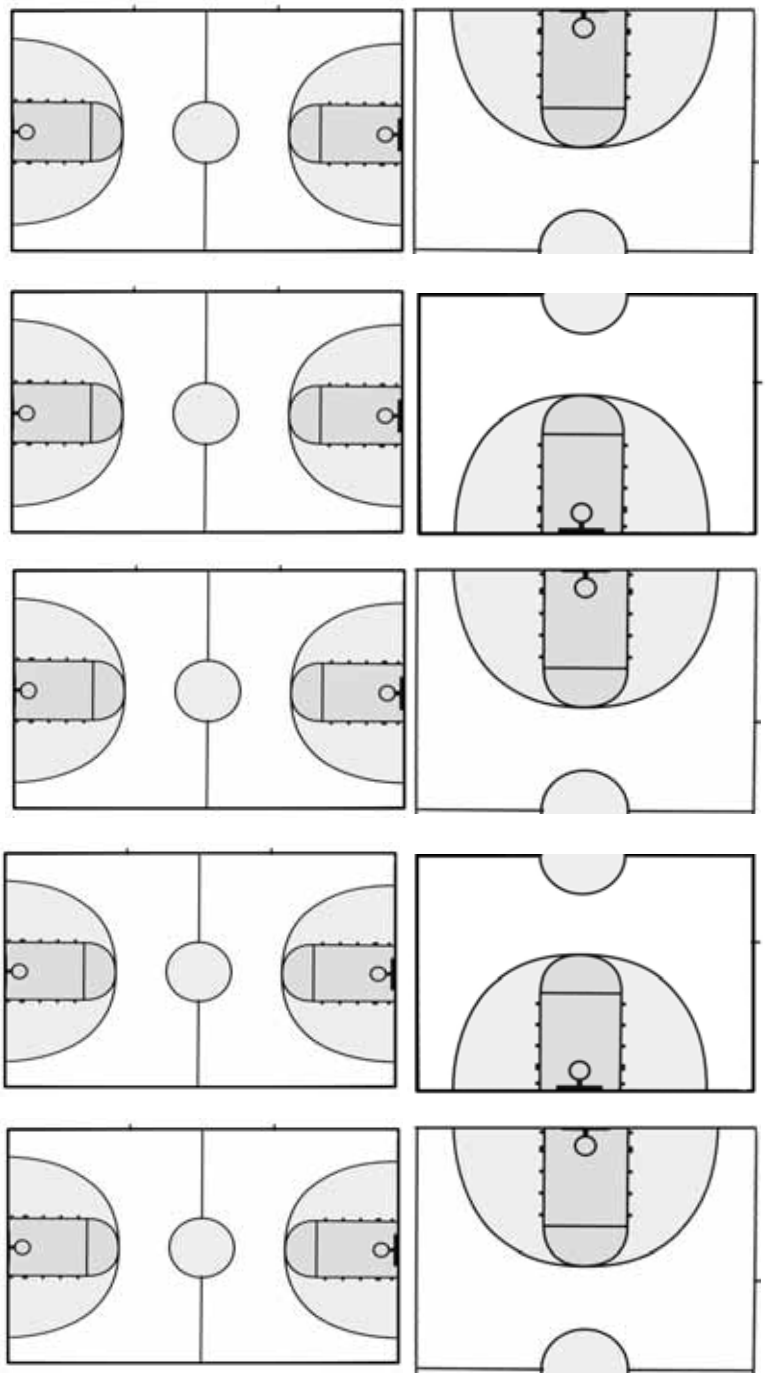
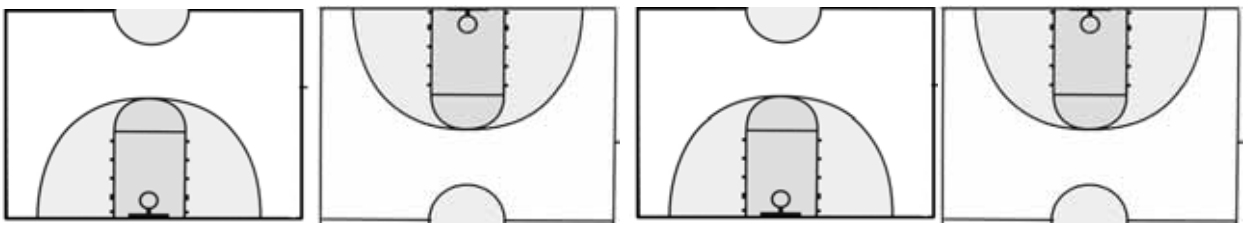
CDH
CLUB DEPORTIVO HERCESA

Día: **Hora:** **Lugar:**



Hor	Dur	Ejercicio